

# THAI LANNA

RESTAURANT

SINCE 2002



**THAI LANNA**

*Traditional Authentic  
Thai Cuisine*

24 Bridewell Alley  
Norwich (01603) 625087

"Taste of Thailand"

# THAI LANNA

R E S T A U R A N T

CLOSE MONDAY

OPEN : TUESDAY - SUNDAY

LUNCH TIME : 12:00 - 15:00

DINNER TIME : 17:30 - 22.30



**Norwich**  
EveningNews

**7 of the best Thai restaurants  
to try in Norwich**

Owen Sennitt

Published: 9:00 AM May 21, 2022

<https://www.tripadvisor.co.uk> > ... > Norfolk > Norwich

**THE 10 BEST Thai Restaurants in Norwich,  
Updated June 2022**

1. Thai Lanna Restaurant, Norwich · 231 reviews Open Now



Thai Lanna  
Restaurant,  
Norwich



thailanna  
norwich

THAI LANNA  
RESTAURANT



### Thai Cutlery and Eating Style

Rice is a staple in Asian cuisine. It's also so important in Thai cuisine that people often feel out of sorts if they don't eat rice for a few days! It's not only delicious and a great companion to most Thai dishes; it's also comfort food!

It's very common in Thailand to eat rice with a spoon and fork along with your favorite dish. The spoon is the food-delivery utensil, and the fork is used to help scoop the food onto the spoon. A large majority of dishes are eaten this way in Thailand.

You can order a variety of dishes to share at the table, and rice can be ordered by the plate per person. Then you can try a variety of dishes by scooping a portion onto your own plate and eating it with your rice.

After the meal is over, there is no such thing as disposing of the leftovers. Throwing food away enrages the Thai god of rice, a female deity who watches over the people, ensuring everyone has enough to eat.

Cr. Taste of Thailand





# THAI LANNA

## Allergy keys

**CE**-Celery

**CR**-Crustaceans

**L**-Lupin

**MU**-Mustard

**SE**-Sesame

**C**-Cereal containing gluten

**E**-Egg

**M**-Milk

**N**-Nut

**SO**-Soya

**F**-Fish

**MO**- Mollusks

**P**-Peanut

**SU**-Sulphate

**No service charge made\*\***

*\*\*The service charge 10% made at 6 people and above.*

# STARTTERS

0. PRAWN CRACKERS **CR,C** £2.50

1. CHICKEN SATAY **P** £6.50

Thai style barbecue chicken a bamboo skewer, chargrilled. Served with a peanut sauce and cucumber salad.

2. KANOM-PANG NAMOO **C,E,L** £5.95

Egg toast topping with minced pork and Thai herbs. Served with sweet chilli sauce and plum sauce.

3. POH PIA GOONG **C,CR,M** £5.95

King prawn and minced pork wrapped in rice sheet filo deep-fried. Served with sweet chilli sauce and plum sauce.

4. CHICKEN WING **C** £5.95

Crispy chicken wings with Thai herbs, served with sweet chilli sauce.

5. TEMPURA GOONG **C,CR** £6.95

King prawn and vegetable coated in light and crunchy batter. Served with sweet chilli sauce and plum sauce.

6. TOD MUN PLA **F,P** £6.95

(THAI FISH CAKES)

A mixture of cod fillet, fresh Thai spices and egg deep-fried. Served with cucumber salad, sweet chilli sauce and garnished with crushed peanut.

7. TUNG TONG **C,M** £5.95

(GOLDEN BAG)

Minced pork, coriander and black pepper in golden pouches deep-fried. Served with sweet chilli sauce and plum sauce

Add more source + 50p

❖ Chilli oil

❖ Sweet & Chilli sauce

❖ Soya sauce

❖ Plum sauce

8. KANOM JEEP **C,E** £6.50

Thai dumpling. A mixture of minced pork and prawn and herb in egg pastry, steamed and served with soya sauce.

9. KAREE PUFF **C,M** £5.95

Crisp golden pastry stuffed with minced chicken, potato, vegetable and a hint of curry powder, served with sweet chilli sauce and plum sauce.


10. THAI LANNA ROYAL PLATTER

**C,E,L,M**

(MIXED STARTER) £7.50 Per Person

The luxury assortment of five different starters.

(\*\* MINIMUM 2 PEOPLE)

11. TOM YUM SOUP **CR** 

£5.95 for chicken / £6.50 for prawn

Thai famous hot and aromatic soup, with chicken OR prawn, mushroom, lemon grass, lemon juice, lime leaves and coriander.

12. TOM KHA SOUP **CR**

£5.95 for chicken / £6.50 for prawn

Very mild- spicy coconut soup with chicken OR prawn, mushroom, lemon grass, lemon juice, lime leave and coriander.

13. PHUKET SOUP **CR,MO**  £6.75

Hot and sour mixed seafood soup with fresh lime juice, lemongrass, galangal and lime leave.



THAI LANNA

RESTAURANT

❖ MAIN MENU ❖

# CHICKEN

14. GAI KRAPOW  £10.95

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**MO,SO**

Spicy fresh chilli stir-fried with chicken breast, garlic, green bean, sugar snap, mushroom, red paper and basil.

15. GAI PRIEW WAN £10.95

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**C,E,SO**

Stir-fried crispy slice of chicken breast with Thai-style sweet and sour sauce, cucumber, tomato, pineapple and spring onion.

16. GAI KRATIEM (GARLIC) £10.95

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**MO,SO**

Stir-fried slice of chicken breast with black paper, garlic, onion and garnished with coriander.

17. GAI MEDMAMAUNG £10.95  
(CASHEW NUT CHICKEN)

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**CR,MO,N,SO**

Slice of chicken stir-fried with roasted cashew nut, onion, carrot, red pepper and spring onion.

18. GAI PAD KHING £10.95  
(GINGER CHICKEN)

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**MO,SO**

Chicken breast stir-fried with fresh ginger, mushroom, carrot, black pepper, red peppers and spring onion.



15. GAI PRIEW WAN



17. GAI CASHEW NUT



18. GAI PAD KHING



# DUCK

## 19. CRISPY DUCK £14.95

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SE,SO,SU

Duck breast roasted with honey and Thai spice. Sliced and based on vegetables and served with specially prepared soya and Hoisin sauce (Chef's choice), garnished with sesame.

## 20.HONEY ROAST DUCK £14.95

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C,SE

Roasted Crispy Duck served on crispy vegetable topped with special house sauce, garnished with sesame.

## 21. PHED CASHEW NUT £14.95

---

CR,MO,N,SO

Roast duck breast slice stir-fried with roasted cashew nut, onion, carrot, pineapple, red pepper and spring onion.



22.MOO KRATIEM

# PORK

## 22.MOO KRATIEM (GARLIC) £10.95

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MO,SO

Slice of pork with garlic, onion and black pepper, garnished with coriander.

## 23. MOO PRIEW WAN £10.95

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C,SO

Stir-fried crispy slice of pork with Thai-style sweet and sour sauce, cucumber, tomato, pineapple and spring onion.

## 24. MOO PAD KHING £10.95

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MO,SO

Stir-fried slice of pork with ginger, onion, carrot, black pepper, mushroom, red pepper and spring onion.

## 25. MOO KRAPAOW £10.95

---

MO,SO

Spicy fresh chilli stir-fried with pork, garlic, green bean, sugar snap, mushroom, red paper and basil.



19. CRISPY DUCK



# BEEF

26. NUER KRATIEM £11.25

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## MO,SO

Slice of beef with garlic, onion, black pepper, garnished with coriander.

27. NUER NAMMUN HOI £11.25

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## MO,SO

Slice of beef stir-fried with oyster sauce, onion, mushroom, broccoli, spring onion and red pepper.

28. NUER KROP £11.25

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## C,SE

Crispy beef stir-fried with spicy chilli sauce and carrot, garnished with sesame.

Very tasty & spicy good companion with Thai beer.

29. NUER KRAPOW  £11.25

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## MO,SO

Spicy fresh chilli stir-fried with beef, garlic, green bean, sugar snap, mushroom, red paper and basil.

30. WEEPING TIGER £16.50

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## F,MO,SO

Char-grilled sirloin steak marinate with black pepper, soya and oyster sauce . Sliced and served separately with Thai Lanna spacial hot chili dip.



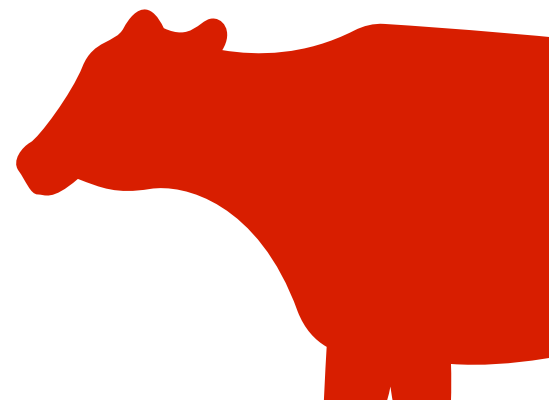
26. NUER KRATIEM



28. NUER KROP



29. NUER KRAPOW



# KING PRAWN

31.GOONG KRAPOW  £13.50

CR,MO,SO

Spicy fresh chilli stir-fried with King prawn, garlic, green bean, sugar snap, mushroom, red paper and basil.

32. GOONG PRIEW WAN £13.50

CE,CR,SO

Stir-fried crispy King prawn with Thai-style sweet and sour sauce, cucumber, tomato, pineapple and spring onion.

33.GOONG NAMPRICK POW  
(CHILLI OIL)  £13.50

CR,MO,SO

Stir-fried King prawn with chilli oil, green bean, sugar snap, mushroom, onion, red pepper and carrot. bring you the flavour of a sweet and spicy taste.

34.GOONG KRATIEM £13.50

CR,MO,SO

King prawn with garlic, black pepper, and onion, garnished with coriander.



31.GOONG KRAPOW

36.PLA PAD KHING



37. PLA PRIEW WAN

## FISH

36.PLA PAD KHING £14.25

CE,C,F,MO,SO

Stir-fried Sea Bass fillet with ginger, celery, and spring onion. Healthy and tastes good.

37.PLA PRIEW WAN £16.50

F

Crispy whole Sea Bass, cooked in sweet & sour sauce Thai style with tomato, cucumber, pineapple and spring onion.

38. PLA SAM ROD £16.50

CE,F


Crispy whole Sea Bass topped with celery, spring onion, carrot and three opposing flavour sauce.

39. PLA NEUNG £16.50

F,SO,SU

Steamed whole Sea Bass with ginger, plum, lemon, and spring onion.

# SEAFOOD

41. PLAMUEK KRAPOW   
(CHILLI BASIL SQUID) £12.95

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MO,SO

Spicy fresh chilli stir-fried with squid, garlic, green bean, sugar snap, mushroom, red paper and basil.

42. PLAMUEK KRATIEM  
(GARLIC SQUID) £12.95

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MO,SO

Stir-fried squid with minced garlic, black pepper and onion, garnished with coriander.

43. KRAPOW TALEY  £15.95  
(CHILLI BASIL MIXED SEAFOOD)

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CR,MO,SO

Spicy fresh chilli stir-fried with mixed seafood, garlic, green bean, sugar snap, mushroom, red paper and basil.

44.TALEY NAMPRICK POW £15.95  
(CHILLI OIL MIXED SEAFOOD) 

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CR,MO,SO

Stir-fried mixed seafood with chilli oil, green bean, sugar snap, mushroom, onion, red pepper and carrot. bring you the flavour of a sweet and spicy taste.

45. TALEY KRATIEM £15.95  
(GARLIC MIXED SEAFOOD)

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CR,MO,SO

Stir-fried mixed seafood with minced garlic, black pepper and onion, garnished with coriander.



43. KRAPOW TALEY



44.TALEY NAMPRICK POW





# CURRY DISHES

\*\* Available with the choice of:

## 46. GANG PA (Jungle Curry)



CR,F

Hot and spicy curry in village style with your choice of meat, carrot, red pepper, bamboo shoot, green bean, courgett, Chinese keys and basil.

## 47. PANANG


CR,F


Your choice of meat in Paneang curry sauce, coconut milk, carrot, red pepper, bamboo shoot, green bean, courgett, and basil.


## 48. GANG DANG (Red Curry)

CR


Traditional Thai red curry with your choice of meat, coconut milk, carrot, red pepper, bamboo shoot, green bean, courgett and basil.


  
CHICKEN


  
PORK


  
BEEF

£11.75

  
DUCK

  
SEABASS

  
MUSSELS

  
KING PRAWN

£13.50

## 49.GANG KEOW WAN (Green Curry)



CR

Thai green curry with your choice of meat, coconut milk, carrot, red pepper, bamboo shoot, green bean, courgett and basil.

## 50.GANG PHED

CR

Roast duck in Thai traditional red curry, coconut milk, pineapple, cherry tomato, carrot, red pepper, green bean, courgett and basil.

## 51. MASSAMAN

\*Chicken £11.75

\*Beef £12.75

CR,F

Sow braised Chicken\* OR Beef\* in a mild coconut milk curry sauce with peanut and potato.



46



47



49



50



51



48



# VEGETABLES



52. PAD PAK RUAM £6.95

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MO,SO

Special selection of mixed fresh vegetables, quick stir-fried with oyster sauce.

53. SPRING GREEN STIR-FRIED £6.95

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MO,SO

Spring green stir-fried with oyster sauce.

54. PAD BROCCOLI £6.95

---

MO,SO

Broccoli stir-fried with oyster sauce and fresh garlic.



52. PAD PAK RUAM



53. SPRING GREEN STIR-FRIED



\*\* Pictures are for illustration purposes.

# RICE

55. KAO PLOW £3.95

Plain steam famous Thai fragrant, puffy rice.

56.KAO NEOW  
(THAI STICKY RICE) £3.95

**C**  
Steamed glutinous rice, served in a unique bamboo container (Popular in the North and Northeast of Thailand).

57.KAO PAD KAI £4.75

**E,SO**  
Fried Thai fragrant rice with egg and soya sauce.

58.KAO KA THI  
(COCONUT RICE) £5.25

Thai fragrant rice steamed with coconut milk.

59.SPECIAL FRIED RICE £5.75

**CR,E,SO**  
Spacial fried rice with prawn, egg, pea, spring onion, tomato, carrot and soya sauce.



57



58



59

56



*How to eat sticky rice: Take small amount out for eating and leave the rest inside for keep it soft, warm and delicious.*



61. PAD THAI King prawn

# NOODLE

60. EGG NOODLES £3.95

**E,L**  
Stir-fried egg noodle with bean sprout, onion and spring onion.

61. PAD THAI

Choice of meat:

Beef, Chicken or Pork £10.95

King Prawn £11.95

\*\*\* CAN NOT serve without egg

**CR,E,P**

Famous Thai stir-fried rice noodle with egg, carrot, spring onion, bean sprout and peanut.

62. PAD KEE MAO 

Choice of meat:

Beef, Chicken or Pork £10.95

King Prawn £11.95 Seafood £13.25

**CR,MO,SO**

Stir-fried rice noodle with spicy sauce, garlic, onion, mushroom, bamboo shoot, green bean, red pepper, sugar snap, carrot and basil

\*\* Pictures are for illustration purposes.



# VEGETARIAN DISHES

## STARTERS

V1. SPRING ROLL VEGETABLE £5.95

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C,SO,M

Mixture of cabbage, carrot, soya bean, noodle wrapped in rice pastry sheet, deep-fried and served with plum sauce.

V2. TOFU SATAY £5.95

---

C,P

Deep fried tofu dipped egg served with peanut sauce and cucumber salad.

V3. PAK TEMPURA £5.95

---

C

Mixed vegetables deep-fried until golden brown in tempura batter, light and crunchy. Served with sweet chilli sauce.

V4. SPICY CORNCAKES £5.95

---

C,CR,P

Combination of mixed sweet corn mixed with Thai red curry paste and lime leaf. Deep-fried and served with peanut and sweet chilli sauce.

V5. TOM YUM MUSHROOM  £5.95

---

Thai famous hot and aromatic soup, with mushroom, lemon grass, lemon juice, lime leaf and coriander.

V6. TOM KHA MUSHROOM £5.95

---

A mild coconut soup with mushroom, lemon grass, Fresh chilli, lime leaf and coriander.

## MAIN DISH

ADD Tofu +£1

### V8. PRIEW WAN PAK £9.95

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Sweet & Sour vegetables Thai style with cucumber, tomato, pineapple, red pepper and spring onion.

### V9. SPICY TOFU (CHILLI OIL) £9.95

---

CR,N,SO

Stir-fried Tofu with chili oil, mushrooms, carrot, onion, green bean, cashew nut, sugar snap, red pepper and basil .

### V10. SPICY VEGETABLES (CHILLI OIL) £9.95

---

CR,N,SO

Stir-fried mixed vegetables with chili oil and cashew nut.

### V11. GREEN CURRY VEGETABLES £8.95

---

CR 

Thai green curry with mixed vegetable, a delicate fragrant & flavour of Thai herbs, coconut milk, bamboo Shoots, sugar snap, carrot, green bean, courgett and basil.

### V12. TOFU PAD KHING £9.95

---

SO

Stir fried crisp Tofu with ginger, mushroom, carrot, black pepper, red pepper and spring onion.

### V13. PINEAPPLE CURRY £10.25

---

CR

Mixed vegetables in red curry with coconut milk, pineapple, cherry tomato and basil.



V11. GREEN CURRY VEGETABLES



V8. PRIEW WAN PAK



V12. TOFU PAD KHING







**ADD Tofu +£1**

**V14. PANANG TOFU £9.95**

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**CR,SO**

Slices of crisp tofu stir-fried with panang curry paste, coconut milk, mushroom, green bean, broccoli, red pepper and basil.



V14. PANANG TOFU

PhotoRoom®

**V15. PANANG VEGETABLES £9.95**

---

**CR,SO**

Mixed vegetables with panang curry paste, coconut milk, mushroom, green bean, broccoli, red pepper and basil

**V16. RED CURRY VEGETABLES £8.95**

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**CR**

Traditional Thai red curry with mixed vegetables, coconut milk, bamboo shoots, green bean and basil.

**V17. PAD THAI PAK £10.95**

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**\*\*\* CAN NOT serve without egg**

**CR,E,P**

Famous Thai stir-fried rice noodle with egg, carrot, spring onion, bean sprout and peanut.

**V18. MOCK DUCK\* £10.95**

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\*A gluten-based meat substitute. It is made of wheat gluten, oil, sugar, soy sauce, and salt.

**SO,SU**

**Choice of cooking**

Stir-fried, Chilli-oil stir-fry,  
Red or Green curry or Panang

\*\* Pictures are for illustration purposes.



V18 RED CURRY MOCK DUCK



Thai Lanna

SET FOR TWO  
£64.95



**THAI LANNA**

*Traditional Authentic  
Thai Cuisine*

24 Bridewell Alley  
Norwich (01603) 625087

"Taste of Thailand"



\*\* Pictures are for illustration purposes.

# SET FOR TWO

## £64.95

### 1. STARTERS

#### THAI LANNA ROYAL PLATTER (MIXED STARTER)

*The luxury assortment of five different starters ;  
Chicken satay, Kanom pang namoo, Tung tong ,Karee puff  
and Vegetable spring roll*

### 2. MAIN COURSE

#### ❖ GANG DANG GAI (Red Curry Chicken)

*Traditional Thai red curry with your choice of meat, coconut milk,  
carrot, red pepper, bamboo shoot, green bean, courgett and basil.*

#### ❖ WEEPING TIGER

*Char-grilled sirloin steak marinate with black pepper,  
soya and oyster sauce .  
Sliced and served separately with Thai Lanna spacial hot chili dip.*

#### ❖ MOO PRIEW WAN

*Stir-fried crispy slice of pork with Thai-style sweet and sour sauce,  
cucumber, tomato, pineapple and spring onion.*

#### ❖ PAD PAK RUAM

*Special selection of mixed fresh vegetables,  
quick stir-fried with oyster sauce.*

#### ❖ KAO PAD KAI

*Fried Thai fragrant rice with egg and soya sauce.*

### 3. DESSERTS

#### Banana or Pineapple Fritters

*Golden banana or pineapple coated in a light and crispy batter and  
deep-fried, served with Vanilla Ice Cream.*

### 4. COFFEE OR TEA

Thai Lanna

SET FOR THREE  
£97.95



\*\* Pictures are for illustration purposes.

# SET FOR THREE

## £97.95

### 1. STARTERS

#### THAI LANNA ROYAL PLATTER (MIXED STARTER)

*The luxury assortment of five different starters ;  
Chicken satay, Kanom pang namoo, Tung tong ,Karee puff  
and Vegetable spring roll*

### 2. MAIN COURSE

#### ❖MASSAMAN

*Slow braised Beef in a mild coconut milk curry sauce  
with peanut and potato.*

#### ❖PHED CASHEW NUT (MEDMAMAUNG)

*Roast duck breast slice stir-fried with roasted cashew nut, onion,  
carrot, pineapple, red pepper and spring onion.*

#### ❖GAI PRIEW WAN

*Stir-fried crispy slice of chicken breast with Thai-style sweet and  
sour sauce, cucumber, tomato, pineapple and spring onion.*

#### ❖PAD PAK RUAM

*Special selection of mixed fresh vegetables,  
quick stir-fried with oyster sauce.*

#### ❖GOONG NAM PRICK POW

*Stir-fried King prawn with chilli oil, green bean, sugar snap,  
mushroom, onion, red pepper and carrot. bring you the flavour of a  
sweet and spicy taste.*

#### ❖KAO PAD KAI

*Fried Thai fragrant rice with egg and soya sauce.*

#### ❖KAO PLOW

*Plain steam famous Thai fragrant, puffy rice.*

### 3. DESSERTS

#### Banana or Pineapple Fritters

*Golden banana or pineapple coated in a light and crispy batter  
and deep-fried, served with Vanilla Ice Cream.*

### 4. COFFEE OR TEA

Thai Lanna

SET FOR FOUR  
£121.95



\*\* Pictures are for illustration purposes.

## SET FOR FOUR

£121.95

### 1. STARTERS

#### ❖ THAI LANNA ROYAL PLATTER (MIXED STARTER)

*The luxury assortment of five different starters ;  
Chicken satay, Kanom pang namoo, Tung tong ,Karee puff  
and Vegetable spring roll*

#### ❖ KANOM JEEP

*Thai dumpling. A mixture of minced pork and prawn and herb in egg pastry,  
steamed and served with soya sauce.*

### 2. MAIN COURSE

#### ❖ GANG KEOW WAN GAI (Green Curry Chicken)

*Thai green curry with chicken, coconut milk, carrot, red pepper, bamboo  
shoot, green bean, courgett and basil.*

#### ❖ SEAFOOD NAM PRICK POW

*Stir-fried mixed seafood with chilli oil, green bean, sugar snap, mushroom,  
onion, red pepper and carrot. bring you the flavour of  
sweet and spicy taste.*

#### ❖ CRISPY DUCK

*Duck breast roasted with honey and Thai spice. Sliced and based on crispy  
vegetables and served with specially prepared soya and Hoisin sauce  
(Chef's choice), garnished with sesame.*

#### ❖ PAD PAK RUAM

*Special selection of mixed fresh vegetables,  
quick stir-fried with oyster sauce.*

#### ❖ NUER KRAPOW

*Spicy fresh chilli stir-fried with beef, garlic, green bean, sugar snap,  
mushroom, red paper and basil.*

#### ❖ MOO KRATIEM (GARLIC PORK)

*Slice of pork with garlic, onion and black pepper, garnished with coriander.*

#### ❖ KAO PAD KAI

*Fried Thai fragrant rice with egg and soya sauce.*

#### ❖ KAO PLOW

*Plain steam famous Thai fragrant, puffy rice.*

### 3. DESSERTS

#### Banana or Pineapple Fritters

*Golden banana or pineapple coated in a light and crispy batter and deep-  
fried, served with Vanilla Ice Cream.*

### 4. COFFEE OR TEA

FOR  
SET MENU



C O F F E E



P i n e a p p l e F r i t t e r s

# THAI LANNA

R E S T A U R A N T



S u g a r A N D C r e a m

OR TEA



G r e e n t e a

E n g l i s h t e a

J a s m i n e t e a



B a n a n a F r i t t e r s



\*\* Pictures are for illustration purposes.



# THAI LANNA

## DESSERT



### 1. BANANA FRITTERS £4.25

Golden banana coated in a light and crispy batter and deep-fried. Served with Vanilla Ice Cream.



### 2. PINEAPPLE FRITTERS £4.25

Golden pineapple coated in a light and crispy batter and deep-fried. Served with Vanilla Ice Cream.

### 3. NUN BANANA £4.95

Banana cooked in coconut milk, palm sugar and sprinkled with sesame seeds.

### 4. VANILLA ICE CREAM £3.50

Just delicious Vanilla Ice Cream.



LOVE US, FIND US ON



Thai Lanna  
Restaurant,  
Norwich



thailanna  
norwich

